



THE CATHOLIC COMMUNITY OF NORTH HARBOUR

Under the Pastoral Care of the Augustinians
Diocese of Broken Bay

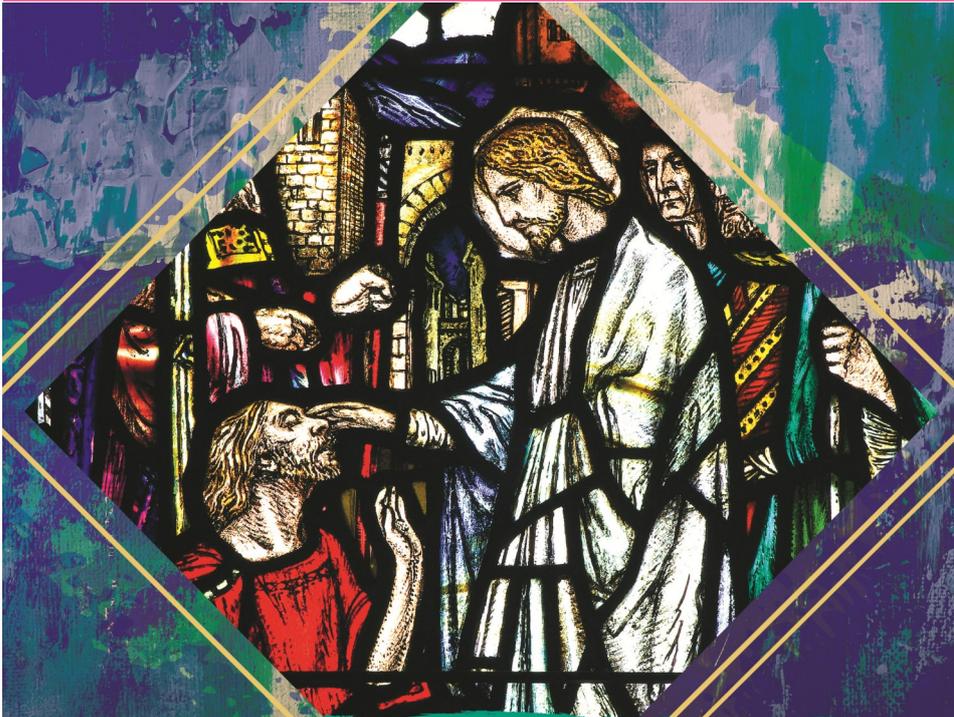
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TO ACCESS THE
SUNDAY READINGS



Worshipping Communities of Allambie Heights, Balgowlah, Balgowlah Heights, Brookvale, Clontarf, Manly Vale, North Balgowlah, Seaforth and parts of Beacon Hill and North Manly

15 MARCH 2026 | YEAR A



4TH SUNDAY OF LENT

The Pharisees also asked him how he was able to see. He said to them,
"He put clay on my eyes, and I washed, and now I can see." - Jn 9:15

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

FIRST READING

1 Samuel 16:1. 6-7. 10-13
Samuel anoints David king.

RESPONSORIAL PSALM

Ps 22 R. v.1
*The Lord is my shepherd;
there is nothing I shall want.*

SECOND READING

Ephesians 5:8-14
Live in the light.

GOSPEL ACCLAMATION

John 8:12
*Glory to you, Word of God, Lord Jesus Christ!
I am the light of the world, says the Lord;
whoever follows me will have the light of life.
Glory to you, Word of God, Lord Jesus Christ!*

GOSPEL

John 9:1-41
*On the Sabbath, Jesus cures a man
who was blind from birth.*

MASS & LITURGY TIMES

CHURCH OF ST. CECILIA

Wanganella St and White St, Balgowlah 2093

MASS:

Wednesday, 9am
Sunday, 9am

BAPTISM:

Sunday, 10.30am
1st Sundays of the month (within the 9am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

RECONCILIATION:

Saturday, 5.00 to 5.45pm
Church of St. Kieran

YOUTH MASS:

2nd Sundays of the month
during the school term.

WEDDING:

Require six months notice and
include Pre-Marriage Course as
part of the preparation.

CHURCH OF ST. KIERAN

2 King Street, Manly Vale 2093

MASS:

Monday, Tuesday, Thursday, Friday*, Saturday,
8.30am
Saturday (Vigil), 5.30pm
Sunday, 7.30am, 9.30am, 5pm

** Adoration to the Blessed Sacrament after Mass
on Fridays.*

BAPTISM:

Sunday, 11.30am
1st Sundays of the month (within the 9.30am Mass)

*Baptism Preparation is required for first baptisms.
Contact Parish Office for more details. Thank you.*

In the spirit of reconciliation the Catholic Community of North Harbour acknowledges the Traditional Custodians of these lands on which we gather. We recognise their continuing connection to the lands and waterways and pay our respect to their elders past and present and extend that respect to all First Nations people in our community.



Welcome to NORTH HARBOUR

- You are invited
- Join us in our varied celebrations & activities
- Consider sharing your gifts to us

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WHY DO WE DO THAT?

Catholic Life Explained

Question:

What does Jesus mean when he talks about taking up our cross?

Answer:

Our journey of faith begins in baptism. When we are faithful to it, we find God's plan for us, his way of allowing us to participate in his saving work, which in turn becomes for us our own salvation. Stated simply, we share in the mission of Jesus each day. We live our life with all of its ups, downs, joys, and sorrows in union with the mission of Jesus. Our work then is holy. It is joined to the cross, God's will for Jesus — the way in which he destroys sin and death and makes eternal life possible. His sacrifice accomplishes what we ourselves cannot do.

To take up the cross, then, means that we share in the mission of Jesus and so embrace the sufferings of the cross. It is our daily life made holy, given a redemptive mission. It is our purpose and goal to unite our life to that of Christ. St. Paul says it best, "If we have grown into union with him through a death like his, we shall also be united with him in the resurrection" (Rom 6:5).

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BRINGING HOME THE GOSPEL

There are all sorts of ways of being persecuted. The Pharisees laughed at and ridiculed the blind man for speaking the truth. A few years later, Stephen became the first Christian martyr for speaking his truth. I admire these men for their courage, particularly when I consider my own lack of it.

I don't think I would ever disavow being a Catholic, but at the same time I wonder why sometimes it looks like I'm trying to keep it a secret. I remember sitting in a restaurant recently and seeing an elderly couple bless themselves and say grace before eating their meal. I was impressed, and had to wonder why I feel so uncomfortable making the Sign of the Cross in a crowded restaurant. I know that in Australia nobody's going to stone me for my faith.

However, persecution can come in a variety of forms and degrees, from the ultimate price of martyrdom to the subtle disrespect of being laughed at. There may seem to be no comparison between the two, but the discomfort of being left out or talked about still hurts. Sometimes it takes courage to live one's faith openly.

We may live in a free society, but folks see religion as a private matter. If we pray out loud, mention the Bible, or talk about what the priest said on Sunday, our coworkers may be inclined to negatively consider us religious fanatics. Blessed are those who witness to their faith anyway.

The best place to practice living your faith out loud is at home. Pray together with your family before meals and at bedtime, take turns reading the Bible to each other, talk about Sunday's Gospel and homily. Let your children see you witness your faith to the outside world, even if it is just by making the Sign of the Cross in a crowded restaurant.

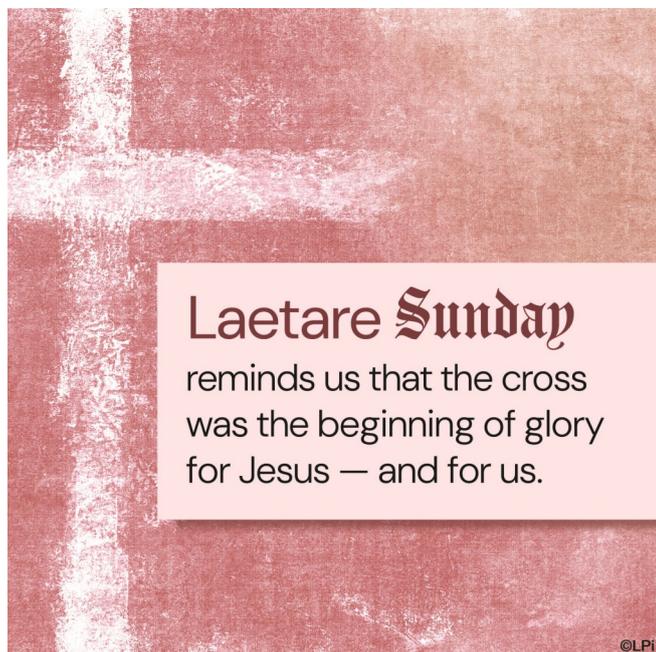
FAMILY RESPONSE:

Talk about how each family member can let the light of faith shine. How can all of you as a family live your faith out loud?

PERSONAL RESPONSE:

How comfortable are you sharing your faith at home or outside the home? How do you feel about this?

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Laetare Sunday

reminds us that the cross was the beginning of glory for Jesus — and for us.

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PARISH SOCIAL JUSTICE GROUP



Parish Social Justice Group

Faith in action - living the Gospel through justice and love.

Join the Parish Social Justice Group for their next meeting on Monday 13th April at 7pm in the Parish Centre 2 King Street Manly Vale. All are welcome!

LONG WALK FOR WATER

Join our Parish fundraiser or sponsor our walkers to support Caritas. The Long Walk for Water is a Lenten activity for the whole family. By walking 30 minutes a day you will be helping to provide water to vulnerable communities. Join our parish team or you can sponsor our walkers via the QR code.

UNITE  AGAINST POVERTY
this Lent



INTERNATIONAL DAY OF WOMEN

International Women's Day morning tea was a wonderful gathering of community. We heard from Rebecca, Catherine and GiGi. incredible women who shared their inspiring stories. Rebecca, Catherine and GiGi thank you for your courage and trust. Thank you Declan for sharing at mass about St Augustine's support of the program Days for Girls. Contact the parish office if you'd like to help as volunteers are needed to enable the program to continue.



WITH JOYFUL HEARTS, WE WELCOME OUR NEWLY BAPTISED.

Baptism Preparation Course:

The next session will be held on Sunday March 22, from 11am to 12noon At St. Kieran's Church.

PRAY FOR THOSE IN OUR COMMUNITY:

SICK:

Winter Dale Reyes, Donald, Xi, Susie, Vladimir and Charles, Fr David Taylor, Nigel Manchee, Remo Dellagiacom, Odette James, Joyce Arnold, Peter & Jan Van de Velde, Cecilia Yeung, Gemma Mangelsdorf, Rodney Arnold

RECENTLY DECEASED:

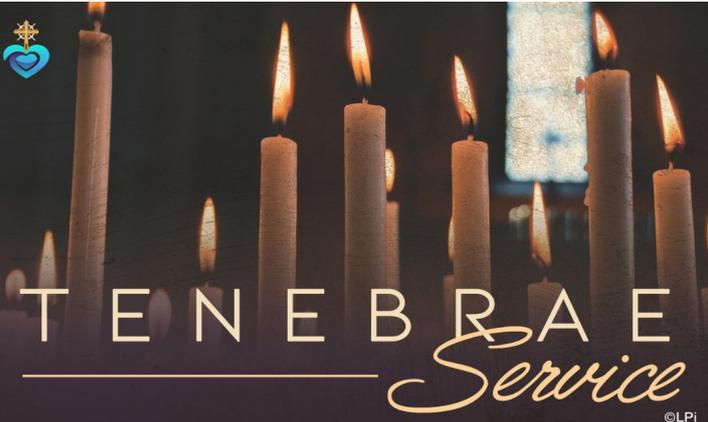
Margaret Dutton, Rene Sumagui, Mary Holt, Veronica Harray

ANNIVERSARIES:

Patricia Jewell, Ian Burke, James Craig

Our community would love to pray for you.

If you have an intention you would like to be included in this bulletin please e-mail office@nhcatholic.org.au



If you've never heard of **Tenebrae** before, you're not alone – and that's exactly why we're excited to share it with you.

Tenebrae (Latin for “*shadows*”) is an ancient and dramatic prayer of the Church.

Through Scripture, music, candlelight, and silence, we journey with Christ into the growing darkness of His Passion.

As the candles are gradually extinguished, the church is drawn into deep stillness – a powerful reminder of the world waiting for the light of Easter.

Come and experience this solemn and evocative liturgy as we prepare our hearts for the Sacred Triduum.

All are Welcome!

**1 APRIL AT 8:00PM
ST KIERAN'S CHURCH**

JOIN US FOR A



SIMPLE SEDER MEAL



**1 APRIL 7:00PM
ST KIERAN'S PARISH CENTRE**

This is a gentle, low-key experience using the basic Passover foods – the same symbols Jesus shared with His disciples at the Last Supper.

Together, we'll taste the story of God leading His people from slavery into freedom, and reflect on how this ancient meal shapes our understanding of Holy Week.

It's relaxed, meaningful, and a beautiful way to enter the heart of the Easter story.

Please bring a plate of salad, wine, whole hard-boiled eggs

ALL ARE WELCOME!



Please help donate palms for
Palm Sunday

DROP-OFF DETAILS:

Friday 27th of March
preferably in the afternoon
at the Parish Office

Parish Lenten Recollection



Reflection on St Francis of Assisi:

- Wednesday, 25 March
St Kieran's Parish Centre
- Light supper at 7pm
- Recollection begins at 7.30pm
- Speaker: Dr David Leary, OFM

Theme: A reflection on St Francis of Assisi, in light of Pope Leo XIV declaring this year a special jubilee for the 600th anniversary of St Francis' Transitus.



BROKEN BAY NEWS - MARCH 2026 EDITION
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 AVAILABLE AT THE CHURCH FOYER



**PROJECT
 COMPASSION**



Life was hard for Manaini and her children living in rural Fiji. With the support from Caritas Australia's partner, FRIEND, she learnt food processing and gardening skills, improving nutrition and creating new income opportunities to support her children's education. You can support Project Compassion 2026 through the donation boxes, envelopes or by scanning the QR code or call 1800 024 413.

TIME OF *Reconciliation*

5-5.30pm Saturdays
 St Kieran's Church, Manly Vale



The Lenten season invites the healing, hope and peace offered through the Sacrament of Confession. Embrace the spiritual renewal and encounter God's mercy.

STATIONS OF THE CROSS

FRIDAYS DURING LENT
 7:30PM, ST KIERAN'S

Join us for this time of prayer and reflection on the Passion and Death of Jesus on:

- 20 & 27 February
- 6, 13, 20 & 27 March



Holy Week 2026

at North Harbour Parish

Palm Sunday | 29 March
Saturday Vigil 5:30PM, Sunday 7:30AM, 9:30AM & 5:00PM :
 Mass at St Kieran's Church
9:00AM: Mass at St Cecilia's Church
**blessing of palms before each mass*

Holy Wednesday | 1 April
7:00PM: Seder Meal at St Kieran's Parish Centre
**Please bring a plate of salad, wine, whole hard boiled eggs*
8:00PM: Tenebrae at St Kieran's Church

Holy Thursday | 2 April
7:30PM: Mass of the Lord's Supper at St Kieran's Church
 Followed by Exposition of the Blessed Sacrament
 and Night Prayer at **9:30PM.**

Good Friday | 3 April
9:00AM: Stations of the Cross at St Augustine's College Oval
 Parking outside the College; Entry via Alfred Rd
**In the event of wet weather, Stations will be held at St Kieran's Church*
2:00PM: Reconciliation at St Kieran's Church
3:00PM: Passion of the Lord at St Kieran's Church
3:00PM: Passion of the Lord at St Cecilia's Church

Holy Saturday | 4 April
8:30AM: Morning Prayer at St Kieran's Church
5:00PM: Reconciliation at St Kieran's Church
7:00PM: Easter Vigil at St Kieran's Church
 Followed by light supper at the Parish Centre

Easter Sunday | 5 April
7:30AM & 9:30AM: Mass at St Kieran's Church
9:00AM: Mass at St Cecilia's Church



GOOD FRIDAY HOLY LAND COLLECTION

Offer hope to the Sacred Places and Christians of the Holy Land. Donations can be made to: Commissary of the Holy Land, 47 Victoria Street, Waverley NSW 2024
 T: (02) 9369 9300
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www.franciscans.org.au/holy-land-commissariat/

PRAISE & PLAY

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 Q Z H S X I R V I E M A F E
 W C H S Q Y B M L C O D B Y
 Z B L I N D J Y O M U D Q E
 F F D F V Z O L A Y Z U G S
 W P X A C R M T M S O N V A
 L Q G N R Z J S M D P W V S
 Y A F B G F U P O O L M V E
 T G R O U N D N Z S O U Y E
 Y Y P H S N G X Z V T J K T
 O N E J I E F L D D R X V J
 V I A J G J B E G G A R Y L
 X I M A N S C K G G U F S F

WORD SEARCH

I put my faith in you Jesus.

TRY TO FIND THESE WORDS

beggar
 blind
 eyes
 ground
 man
 mud
 one
 Pool
 see
 Siloam
 son
 wash

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Sharing the Gospel

Select a partner. Take turns blindfolding each other and walking from one room to another. It may be a little scary not being able to see where you are going. You will find that you use your hands to feel and listen for sounds to help you decide where to move. When you take the blindfold off, you will be very happy. Imagine how excited a blind person would be if he or she could see.

Prayer

Holy Spirit, help me see the good things about others.

Mission

I will collect old eyeglasses for the Lions Club to help people see clearly.

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COLOR

Read the Gospel of the week and color the image.





"Our Father in heaven, forgive us our debts as we forgive our debtors."

Sermon 261, 10
- St. Augustine of Hippo

NEXT WEEKEND (22 MARCH 2026): 5TH SUNDAY OF LENT, YEAR A

<p>FIRST READING Ezekiel 37:12-14 <i>The Lord promises to raise his people from the dead.</i></p> <p>RESPONSORIAL PSALM Ps 129. R. v.7 <i>With the Lord there is mercy and fullness of redemption.</i></p> <p>SECOND READING Romans 8:8-11 <i>The Spirit of God dwells in us.</i></p> <p>GOSPEL ACCLAMATION See John 11:25. 26 <i>Glory and praise to you, Lord Jesus Christ!</i> <i>I am the resurrection and the life, says the Lord; whoever believes in me will not die for ever.</i> <i>Glory and praise to you, Lord Jesus Christ!</i></p> <p>GOSPEL John 11:1-45 <i>Jesus raises Lazarus from the dead.</i></p>	<p>21 MAR, 5.30PM ST KIERAN'S</p> <p>Senior Server Louise</p> <p>Readers Ronda Leonie Val (R)</p> <p>Music Parish Choir</p> <p>Communion Min Elizabeth-Anne Anne</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>22 MAR, 7.30AM ST KIERAN'S</p> <p>Senior Server Anna</p> <p>Readers Elsie Lea Tim (R)</p> <p>Music none</p> <p>Communion Min Paul Fiona</p> <p>Powerpoint Olivier</p> <p>Welcomers Volunteers needed</p>	<p>22 MAR, 9AM ST CECILIA'S</p> <p>Senior Server Antoinette</p> <p>Readers Amy Cathy Sacha (R)</p> <p>Music tba</p> <p>Communion Min Volunteer Needed Volunteer Needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>22 MAR, 9.30AM ST KIERAN'S</p> <p>Senior Server Joseph</p> <p>Readers Kaye Anne</p> <p>Music Harvest</p> <p>Communion Min Gene Vicky</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>	<p>22 MAR, 5PM ST KIERAN'S</p> <p>Senior Server Stephen</p> <p>Readers Geraldine Leanne Christine (R)</p> <p>Music Ben</p> <p>Communion Min Carol Volunteer Needed</p> <p>Powerpoint Volunteer needed</p> <p>Welcomers Volunteers needed</p>
	<p>OBSERVANCES FOR THE WEEK OF 15 MARCH</p> <p>Mon 16 Mar: Monday of the 4th week of Lent</p> <p>Tue 17 Mar: St Patrick, bishop</p> <p>Wed 18 Mar: Wednesday of the 4th week of Lent</p> <p>Thu 19 Mar: St Joseph, Spouse of the Blessed Virgin Mary</p> <p>Fri 20 Mar: Friday of the 4th week of Lent</p> <p>Sat 21 Mar: Saturday of the 4th week of Lent</p>				

The Catholic Community of North Harbour



Under the Pastoral Care of the Augustinians

Catholic Diocese of Broken Bay www.bbcatholic.org.au

Parish Office 2 King Street, MANLY VALE 2093 NSW AUSTRALIA
P 02 9949 4455 E office@nhcatholic.org.au W www.bbcatholic.org.au/northharbour

Office Hours 9.00am to 4pm (Tuesday to Friday)

Churches
Church of St Cecilia Wanganella St and White St, Balgowlah 2093 NSW
Church of St Kieran 2 King St, Manly Vale 2093 NSW

Parish Staff
Parish Priest: Fr Michael Belonio, OSA E pp@nhcatholic.org.au
Asst Priest: Fr Jumbim Torres, OSA E jtorges@nhcatholic.org.au
Asst Priest: Fr John Zhang E jzhang@nhcatholic.org.au
Administration Officer: Charlene Mendoza E admin@nhcatholic.org.au (Tue-Fri)
Bookkeeper: Valerie Buono E accounts@nhcatholic.org.au (Thu)
Secretary: Anne Ross E office@nhcatholic.org.au (Thu, Fri)
Catechists, Family & Sacramental Ministries: Ursula Halloway M 0450 101 767 E families@nhcatholic.org.au
Media & Communications: Caroline Ng E comms@nhcatholic.org.au
Music Ministry: Marianne Kaw-Deveza E music@nhcatholic.org.au



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Thank You!



THE CATHOLIC COMMUNITY OF
NORTH HARBOUR



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